



Hot Bagels

everything	pumpnickel
super egg	black russian
egg	cinnamon raisin
marble rye	garlic
french toast	salt
mini bagel	sun dried tomato
bagel stick	cran-bran

Our bagels are hand rolled and 100% Natural
 90¢ each bakers dozen (13) \$9.75
 Flagels, French Toast Bagel or Asiago \$1.15

Spreads

on a bagel by the lb.

butter	1.25	
jelly	1.25	
peanut butter	1.75	
peanut butter and jelly	2.30	
cream cheese	1.75	6.60
lite cream cheese	1.75	6.60
scallion cream cheese	2.65	7.70
vegetable cream cheese	2.65	7.70
olive cream cheese	2.65	7.70
walnut and raisin cream cheese	2.95	7.99
nova cream cheese	2.95	7.99
strawberry cream cheese	2.95	7.99

Appetizers

fresh sliced nova lox (1/4 lb.)	7.10
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Breakfast Sandwiches

eggs	2.19
egg whites (3)	2.75
eggs with talor ham, bacon, sausage or steak	3.29
taylor ham, bacon, sausage or steak	3.55
*cheese omelette	3.95
*sausage, bacon or ham omelette	4.25
*western omelette	5.95



cheese, peppers, onions, ham & tomatoes

all sandwiches made with two eggs - grade A extra large
 add 60¢ for cheese and 60¢ for any breakfast sandwich on a flagel.
 *omelettes served with home fries and bagel.

Sides

home fries	1.75
bacon (3), sausage (1), taylor ham (2), steak (1)	1.50
toast	.75¢

**** WEEKEND SPECIAL ****

\$11.99

1/4 lb. Sliced Nova - 6 Bagels - 1/2 lb. Cream Cheese
 (flavored cream cheese \$1.00 additional)

Bagel Sandwiches

chicken salad	4.95
tuna salad	4.95
tuna melt	5.55
white fish salad	4.60
egg salad	3.99
nova & cream cheese w/ onion & tomato	5.85
cheese	3.95
turkey breast	4.75
pepper mill turkey	4.99
mesquite turkey	4.99
ham	4.75
roast pork	4.99
roast beef	4.99
pastrami	4.99
bologna	3.85
salami (genoa)	4.99
chicken cutlet	4.75
bacon, lettuce & tomato	3.85
pizza bagel	1.25
bagel dog	2.50



tomato or onion - 30¢ each, cheese 60¢ additional
 any deli sandwich on a flagel or sub, \$1.00 additional

Panini Sandwiches 5.95

All paninis served on a toasted focaccia bread,
 brushed with pesto sauce.

- Caprese**
fresh mozzarella, tomato, fresh arugula and roasted peppers
- Pollo Alla Griglia**
grilled chicken, sun dried tomatoes, fresh mozzarella and arugula
- Turkey Caprese**
turkey breast, fresh mozzarella, tomato and fresh arugula
- Hot Eggplant Abroad**
breaded eggplant, roasted peppers, fresh mozzarella, kalamata olives and balsamic vinegar

We also offer Paninis on Pita Breads or on Bagels (called Smashers)
 Ask your server for details

Wraps 5.95

- Tuna or Chicken Salad**
fresh homemade salads topped with crisp bacon, fresh lettuce and tomato, served in a soft tortilla wrap
- Turkey**
thumann turkey and american cheese, topped with crisp bacon, fresh lettuce and tomato, served in a soft tortilla wrap
- Grilled Chicken**
tender chicken grilled to perfection and topped with fresh lettuce, tomato, and honey mustard in a soft tortilla wrap
- Veggie**
fresh mozzarella, sun dried tomatoes, roasted peppers, fresh lettuce, onions and cucumbers topped with balsamic vinegar, in a soft tortilla wrap

Salad Over Salad

- Tuna, Chicken, Seafood or Egg Salad** 6.25
a generous scoop of our homemade salad served over a crisp bed of lettuce with tomato, carrot sticks, cucumbers, onions and croutons
- Spinach Salad** 6.25
fresh spinach, egg, mushrooms, bacon and red onion with choice of dressing
- Tossed Salad** 4.25
- Soups - Seasonal**



Charcoal Grill

6 oz. hamburger.....	3.25
cheeseburger.....	3.75
cheeseburger deluxe w/ home fries.....	4.75
bacon cheeseburger.....	4.75
cheesesteak w/ works.....	5.75
buffalo chicken cheesesteak.....	5.75
grilled chicken.....	4.75
cancun chicken.....	5.75
<i>(grilled chicken with lettuce, tomato, bacon, salsa and guacamole on a roll)</i>	
chicken christine.....	5.75
<i>(grilled chicken w/ fresh mozzarella, sun dried tomatoes, roasted peppers and balsamic vinegar on a roll)</i>	
chicken margi.....	5.75
<i>(grilled chicken w/ fresh mozzarella, lettuce, tomato, and topped w/ honey mustard, served on a roll)</i>	



Beverages

	sml	med	large
coffee / tea.....	1.30	1.50	1.60
flavored coffee / tea.....	1.50	1.60	1.70
hot chocolate.....	1.50	1.60	1.70
soda / snapple.....	1.60		
gatorade & vitamin water.....	1.99		



we also have assorted juices and milk

Catering

<u>bagel platters:</u> (per doz.)	
with plain cream cheese and butter.....	29.00
with homemade cream cheese.....	40.00
<i>(varieties include: nut & raisin, vegetable, scallion, olive, strawberry, and nova)</i>	
with lunch meats or salads.....	78.00
add \$10.00 per dozen for wraps	
<u>mini bagel platters:</u> (per doz.)	
with plain cream cheese and butter.....	18.00
with homemade cream cheese.....	25.00
with lunch meats or salads.....	48.00
<u>muffin / crumb cake platter</u> (per doz.).....	28.00
<u>hot breakfast buffet:</u> (min. 20 people)	
scrambled eggs, bacon, home fries & bagels	
served with cream cheese and butter.....	6.99 per person
<u>cold cut platter:</u>	
thumann assorted cold cuts, salad &	
paper goods.....	8.99 per person
<u>3 foot to 6 foot subs:</u> (per foot)	
create your own mix.....	16.00
<u>coffee set-ups</u>	1.75 per person